

Name: \_\_\_\_\_

Student ID: \_\_\_\_\_

Date Admitted Into Major: \_\_\_\_\_

**BACHELOR OF SCIENCE**  
**SPORT & MOVEMENT SCIENCE**  
**EXERCISE SCIENCE CONCENTRATION - CLINICAL TRACK**

**GENERAL EDUCATION REQUIREMENTS**

**Competencies**

- ♦ Basic College Math
- ♦ Reading Comprehension

**◆ General Education Categories (34-35 credits total)**

◆FYS	First Year Seminar			3	
◆W-I	Written Communication - Level I			3	
◆OC	Oral Communication			3	
PGR	Personal Growth & Responsibility			3	
CEA	Creative Expression & Appreciation			3	
WC	World Cultures			3	
HP	The Human Past			3	
CS	Contemporary Society			3	
SR	Scientific Reasoning:	# Any SR course		3-4	
		# SR Lab course		4	
QR	Quantitative Reasoning			3	

**‡ Written Communication (Level II and Level III)**

W-II	Written Communication - Level II				<input type="checkbox"/>
W-III	Written Communication - Level III				<input type="checkbox"/>

**Free Electives (7 credits minimum)**

May be necessary to take additional credits to attain the minimum 120 credits required for graduation depending on choices made for general education or minor selection.


**Minor (Optional):**


**COURSES IN MAJOR (51 credits total)**

**Required (51 credits)**

SMS	171	Fund of Exercise and Cond I	1	
SMS	172	Fund of Exercise and Cond II	1	
SMS	174	Strength & Con Tech & Assess	1	
SMS	175	First Responder	3	
SMS	198	Introduction to Exercise Science	2	
SMS	231	Intro to & Prevention of Athletic Injuries	3	
SMS	250	Nutrition and Physical Perform	3	
SMS	281	Research Methods/Ex Science	3	
SMS	300	Kinesiology	3	
SMS	303	Exercise Psychology	3	
SMS	350	Exercise Testing and Prescript	3	
SMS	351	Disease/Illness of the Phys. Act.	3	
SMS	352	Exercise Physiology I	4	
SMS	355	Directed Field in Ex Science	3	
SMS	373A	Fitness and Program Management	3	
SMS	452	Exercise Physiology II	4	
SMS	478	Senior Research Project	2	
SMS	580	Internship in Exercise Science	6	

**▼ Required Support Courses (27 credits total)**

BIO	105	Biological Systems	4	
CHE	124	Gen Chemistry for Life Sciences	4	
CHE	125	Chemistry of Life Processes	4	
MAT	147	Statistics	3	
BIO	200	Anatomy and Physiology I	4	
BIO	201	Anatomy and Physiology II	4	
ATR	356	Strength and Conditioning	3	
IDS	375	Research Practicum	1	

▼ Students may choose to use support courses to satisfy general education categories, but may not be required to do so. **Note:** If a course is used to satisfy two or more requirements (for example, a support course and Scientific Reasoning requirement), the credits are counted in only one place. Using a course to satisfy more than one requirement does **not** reduce the credit total required for graduation.

◆ Courses used to satisfy the general education requirements of the university must be taken from a minimum of six different academic disciplines. First Year Seminar and Level I Written Communications courses are exempt from this restriction. Courses may not be used to fulfill both major discipline and general education requirements.

# These Scientific Reasoning General Education Category courses do not have to be a sequence or be from the same discipline.

‡ Level II and Level III Written Communications Courses may be used to satisfy requirements anywhere else in a student's program of study where they may apply. The credits are counted only in one area.

◆ COMPETENCIES - TO BE COMPLETED WITHIN THE FIRST 30 CREDITS

◆ GENERAL EDUCATION CATEGORIES - TO BE COMPLETED WITHIN THE FIRST 30 CREDITS

Exceptions in the timing of courses will be made for transfer students

**Total credits for graduation: 120**

**Effective: 9/2015**