

**BACHELOR OF SCIENCE  
SPORT & MOVEMENT SCIENCE  
HEALTH EDUCATION TEACHER EDUCATION CONCENTRATION**  
(Health/Family and Consumer Sciences Pre-K-12 Teacher Licensure)

**GENERAL EDUCATION REQUIREMENTS**

**Competencies**

<input type="checkbox"/>	◆ Basic College Math
<input type="checkbox"/>	◆ Reading Comprehension

**◆ General Education Categories (34-35 credits total)**

◆FYS	First Year Seminar			3
◆W-I	Written Communication - Level I			3
◆OC	Oral Communication			3
PGR	Personal Growth & Responsibility			3
CEA	Creative Expression & Appreciation			3
WC	World Cultures			3
HP	The Human Past			3
CS	Contemporary Society			3
SR	Scientific Reasoning:	# Any SR course		3-4
		# SR Lab course		4
QR	Quantitative Reasoning			3

**‡ Written Communication (Level II and Level III)**

W-II	Written Communication - Level II			<input type="checkbox"/>
W-III	Written Communication - Level III			<input type="checkbox"/>

**Free Electives (0 Credits Minimum)**

May be necessary to take additional credits to attain the minimum 120 credits required for graduation depending on choices made for general education or minor selection.


**Minor (Optional):**


**COURSES IN MAJOR (43 credits total)**

SMS	140	Basic Swim and Water Safety	1
SMS		Adventure	1
SMS	171	Fund of Exercise & Conditioning	1
SMS	175	First Responder	3
SMS	177	Intro to Teaching PE & Health	3
SMS	194	Health & Wellness	3
SMS	200	Perceptual Motor Development	3
SMS	250	Nutrition & Physical Performance	3
SMS	260	Intro to Health Ed/ Health Promo	3
SMS	261	Consumer Health	3
SMS	351	Disease & Illness	3
SMS	361	Issues In Public and Com Health	3
SMS	362	Tech for Healthy Food Prep	1
SMS	382	Physical Education & Health for Children with Special Needs	3
SMS	383	Assessment in PE & Health	3
SMS	460	Methods & Material in Health Ed	3
SMS	465A	Directed Field Experience in Health Education	3

**▼ Required Support Courses (50 credits total)**

BIO	105	Biological Systems	4
BIO	200	Anatomy & Physiology I	4
BIO	201	Anatomy & Physiology II	4
CHE	124	General Chemistry for Life Sci	4
CHE	125	Chemistry of Life Processes	4
EDU	307E	Fund of Teaching ESL	3
PSY	101	General Psychology	3
PSY	218	Childhood and Adolescence	3
+HST		American Government	3
IDS	320	Human Sexuality I	3
SOC	332	Sociology of the American Family	3
EDU	473B	Student Teaching Practicum Health/Family Consumer Sci	12

▼ Students may choose to use support courses to satisfy general education categories, but may not be required to do so. **Note:** If a course is used to satisfy two or more requirements (for example, a support course and Scientific Reasoning requirement), the credits are counted in only one place. Using a course to satisfy more than one requirement does **not** reduce the credit total required for graduation.

◆ Courses used to satisfy the general education requirements of the university must be taken from a minimum of six different academic disciplines. First Year Seminar and Level I Written Communications courses are exempt from this restriction. Courses may not be used to fulfill both major discipline and general education requirements.

# These Scientific Reasoning General Education Category courses do not have to be a sequence or be from the same discipline.

‡ Level II and Level III Written Communications Courses may be used to satisfy requirements anywhere else in a student's program of study where they may apply. The credits are counted only in one area.

+ Students may choose from HST 204 or 208.

◆ COMPETENCIES - TO BE COMPLETED WITHIN THE FIRST 30 CREDITS

◆ GENERAL EDUCATION CATEGORIES - TO BE COMPLETED WITHIN THE FIRST 30 CREDITS

Exceptions in the timing of courses will be made for transfer students

**Total credits for graduation: 120-128**

**Effective: 9/2015**