

**BACHELOR OF SCIENCE
SPORT & MOVEMENT SCIENCE
EXERCISE SCIENCE CONCENTRATION – NON-CLINICAL TRACK**

GENERAL EDUCATION REQUIREMENTS

Competencies

<input type="checkbox"/>	◆ Basic College Math
<input type="checkbox"/>	◆ Reading Comprehension

◆ General Education Categories (34-35 credits total)

◆FYS	First Year Seminar			3	
◆W-I	Written Communication - Level I			3	
◆OC	Oral Communication			3	
PGR	Personal Growth & Responsibility			3	
CEA	Creative Expression & Appreciation			3	
WC	World Cultures			3	
HP	The Human Past			3	
CS	Contemporary Society			3	
SR	Scientific Reasoning:	# Any SR course		3-4	
		# SR Lab course		4	
QR	Quantitative Reasoning			3	

‡ Written Communication (Level II and Level III)

W-II	Written Communication - Level II				<input type="checkbox"/>
W-III	Written Communication - Level III				<input type="checkbox"/>

Free Electives (24 credits minimum)

May be necessary to take additional credits to attain the minimum 120 credits required for graduation depending on choices made for general education or minor selection.

Minor (Optional):

COURSES IN MAJOR (54 credits total)

Required (45 credits)

SMS	140	Basic Swim and Water Safety	1	
SMS	171	Fund of Exercise and Cond I	1	
SMS	172	Fund of Exercise and Cond II	1	
SMS	174	Strength & Conditioning Tech. & Assessment	1	
SMS	175	First Responder	3	
SMS	194	Health and Wellness	3	
SMS	198	Introduction to Exercise Science	2	
SMS	200	Perceptual Motor Learning		
OR				
SMS	201	Perceptual Motor Development	3	
SMS	231	Intro to and Prevention of Athletic Injury	3	
SMS	250	Nutrition and Physical Perform	3	
SMS	260	Intro to Health Ed and Promo.	3	
SMS	300	Kinesiology	3	
SMS	350	Exercise Testing and Prescript	3	
SMS	352	Exercise Physiology I	4	
SMS	355	Directed Field in Ex Science	3	
SMS	373A	Fitness & Program Management	3	
SMS	390	Legal Issues in Sport Science	3	
SMS	476	Senior Seminar in Ex Science	2	

Major Electives (9 credits)

SMS				
SMS				
SMS				

▼ Required Support Courses (7 credits total)

BIO	206	Structure & Func. of Human Body	4	
ATR	356	Strength and Conditioning	3	

▼ Students may choose to use support courses to satisfy general education categories, but may not be required to do so. **Note:** If a course is used to satisfy two or more requirements (for example, a support course and Scientific Reasoning requirement), the credits are counted in only one place. Using a course to satisfy more than one requirement does **not** reduce the credit total required for graduation.

Courses used to satisfy the general education requirements of the university must be taken from a minimum of six different academic disciplines. First Year Seminar and Level I Written Communications courses are exempt from this restriction. Courses may not be used to fulfill both major discipline and general education requirements.

◆ These Scientific Reasoning General Education Category courses do not have to be a sequence or be from the same discipline.

‡ Level II and Level III Written Communications Courses may be used to satisfy requirements anywhere else in a student's program of study where they may apply. The credits are counted only in one area.

◆ COMPETENCIES - TO BE COMPLETED WITHIN THE FIRST 30 CREDITS

◆ GENERAL EDUCATION CATEGORIES - TO BE COMPLETED WITHIN THE FIRST 30 CREDITS

Exceptions in the timing of courses will be made for transfer students

Total credits for graduation: 120

Effective: 9/2016