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## BACHELOR OF SCIENCE

SPORT \& MOVEMENT SCIENCE
HEALTH EDUCATION TEACHER EDUCATION CONCENTRATION
(Health/Family and Consumer Sciences Pre-K-12 Teacher Licensure)

GENERAL EDUCATION REQUIREMENTS

## Competencies

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\square Basic College Math
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\&General Education Categories (34-35 credits total)

| $\star$ FYS | First Year Seminar |  |  | 3 |  |
| :---: | :--- | :--- | :--- | :---: | :---: |
| $*$ W-I | Written Communication - Level I |  |  | 3 |  |
| ${\hline \multirow{8}{}}{ } }$ | Oral Communication |  |  | 3 |  |
| PGR | Personal Growth \& Responsibility |  |  | 3 |  |
| CEA | Creative Expression \& Appreciation |  |  | 3 |  |
| WC | World Cultures |  |  | 3 |  |
| HP | The Human Past |  |  | 3 |  |
| CS | Contemporary Society |  |  | 3 |  |
| SR | Scientific <br> Reasoning: \# Any SR course |  |  | $3-4$ |  |
| Q SR Lab course |  |  | 4 |  |  |
| QR | Quantitative Reasoning |  |  | 3 |  |

$\ddagger$ Written Communication (Level II and Level III)

| W-II | Written Communication - LeveI II |  |  | $\square$ |
| :---: | :--- | :--- | :---: | :---: |
| W-III | Written Communication - Level III |  |  | $\square$ |

## Free Electives ( 0 Credits Minimum)

May be necessary to take additional credits to attain the minimum 120 credits required for graduation depending on choices made for general education or


## COURSES IN MAJOR (43 credits total)

| SMS | 140 | Basic Swim and Water Safety | 1 |  |
| :--- | :---: | :--- | :--- | :--- |
| SMS |  | Adventure | 1 |  |
| SMS | 171 | Fund of Exercise \& Conditioning | 1 |  |
| SMS | 175 | First Responder | 3 |  |
| SMS | 177 | Intro to Teaching PE \& Health | 3 |  |
| SMS | 194 | Health \& Wellness | 3 |  |
| SMS | 200 | Perceptual Motor Development | 3 |  |
| SMS | 250 | Nutrition \& Physical <br> Performance | 3 |  |
| SMS | 260 | Intro to Health Ed/ Health Promo | 3 |  |
| SMS | 261 | Consumer Health | 3 |  |
| SMS | 351 | Disease \& Illness | 3 |  |
| SMS | 361 | Issues In Public and Com Health | 3 |  |
| SMS | 362 | Tech for Healthy Food Prep | 1 |  |
| SMS | 382 | Physical Education \& Health for <br> Children with Special Needs | 3 |  |
| SMS | 383 | Assessment in PE \& Health | 3 |  |
| SMS | 460 | Methods \& Material in Health Ed | 3 |  |
| SMS | 465 A | Directed Field Experience in <br> Health Education | 3 |  |

## - Required Support Courses ( $\mathbf{5 0}$ credits total)

| BIO | 105 | Biological Systems | 4 |  |
| :---: | :---: | :--- | :---: | :---: |
| BIO | 200 | Anatomy \& Physiology I | 4 |  |
| BIO | 201 | Anatomy \& Physiology II | 4 |  |
| CHE | 117 | Clinical, Organic and Biological <br> Chemistry | 4 |  |
| EDU | $307 E$ | Fund of Teaching ESL | 3 |  |
| PSY | 101 | General Psychology | 3 |  |
| PSY | 218 | Childhood and Adolescence | 3 |  |
| +HST |  | American Government | 3 |  |
| IDS | 320 | Human Sexuality I | 3 |  |
| SOC | 232 | Sociology of the American <br> Family | 3 |  |
| EDU | $473 B$ | Student Teaching Practicum <br> Health/Family Consumer Sci | 12 |  |

- Students may choose to use support courses to satisfy general education categories, but may not be required to do so. Note: If a course is used to satisfy two or more requirements (for example, a support course and Scientific Reasoning requirement), the credits are counted in only one place. Using a course to satisfy more than one requirement does not reduce the credit total required for graduation.

Courses used to satisfy the general education requirements of the university must be taken from a minimum of six different academic disciplines. First Year Seminar and Level I Written Communications courses are exempt from this restriction. Courses may not be used to fulfill both major discipline and general education requirements
These Scientific Reasoning General Education Category courses do not have to be a sequence or be from the same discipline
Level II and Level III Written Communications Courses may be used to satisfy requirements anywhere else in a student's program of study where they may apply The credits are counted only in one area.
Students may choose from HST 204 or 208 - COMPETENCIES - TO BE COMPLETED WITHIN THE FIRST 30 CREDITS

- GENERAL EDUCATION CATEGORIES - TO BE COMPLETED WITHIN THE FIRST 30 CREDIT

Exceptions in the timing of courses will be made for transfer students

