

Name:
Student ID:
Date Admitted Into Major:

BACHELOR OF SCIENCE SPORT & MOVEMENT SCIENCE

HEALTH EDUCATION TEACHER EDUCATION CONCENTRATION

(Health/Family and Consumer Sciences Pre-K-12 Teacher Licensure)

Competencies						
→ Basic College Math						
	eading Compr	ehension				
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		ucation Categories (3	34-35 creats			
◆FYS	First Year Se			3		
♦W-I		nunication - Level I		3		
◆OC	Oral Commu	nication		3		
PGR	Personal Gro	wth & Responsibility		3		
CEA	Creative Exp	ression & Appreciation		3		
WC	World Culture	es		3		
HP	The Human F	Past		3		
CS	Contemporar	y Society		3		
SR	Scientific	# Any SR course		3-4		
SK	Reasoning:	♯ SR Lab course		4		
QR	Quantitative I	Reasoning		3		
	‡ Written C	ommunication (Leve	el II and Lev	el III)		
W-II Written Communication - Level II						
	-	nunication - Level III				

Free Electives (0 Credits Minimum) May be necessary to take additional credits to attain the minimum 120 credits required for graduation depending on choices made for general education or minor selection.						

 Minor (Optional):						
						1
						1
						-

COURSES IN MAJOR (43 credits total)

SMS	140	Basic Swim and Water Safety	1	
SMS		Adventure	1	
SMS	171	Fund of Exercise & Conditioning	1	
SMS	175	First Responder	3	
SMS	177	Intro to Teaching PE & Health	3	
SMS	194	Health & Wellness	3	
SMS	200	Perceptual Motor Development	3	
SMS	250	Nutrition & Physical	3	
		Performance		
SMS	260	Intro to Health Ed/ Health Promo	3	
SMS	261	Consumer Health	3	
SMS	351	Disease & Illness	3	
SMS	361	Issues In Public and Com Health	3	
SMS	362	Tech for Healthy Food Prep	1	
SMS	382	Physical Education & Health for	3	
		Children with Special Needs		
SMS	383	Assessment in PE & Health	3	
SMS	460	Methods & Material in Health Ed	3	
SMS	465A	Directed Field Experience in	3	
		Health Education		

▼ Required Support Courses (50 credits total)

BIO	105	Biological Systems	4	
BIO	200	Anatomy & Physiology I	4	
BIO	201	Anatomy & Physiology II	4	
CHE	117	Clinical, Organic and Biological Chemistry	4	
EDU	307E	Fund of Teaching ESL	3	
PSY	101	General Psychology	3	
PSY	218	Childhood and Adolescence	3	
+HST		American Government	3	
IDS	320	Human Sexuality I	3	
SOC	232	Sociology of the American Family	3	
EDU	473B	Student Teaching Practicum Health/Family Consumer Sci	12	

Effective: 9/2016

- ▼ Students may choose to use support courses to satisfy general education categories, but may not be required to do so. **Note:** If a course is used to satisfy two or more requirements (for example, a support course and Scientific Reasoning requirement), the credits are counted in only one place. Using a course to satisfy more than one requirement does **not** reduce the credit total required for graduation.
- Courses used to satisfy the general education requirements of the university must be taken from a minimum of six different academic disciplines. First Year Seminar and Level I Written Communications courses are exempt from this restriction. Courses may not be used to fulfill both major discipline and general education requirements.
- # These Scientific Reasoning General Education Category courses do not have to be a sequence or be from the same discipline.
- Level II and Level III Written Communications Courses may be used to satisfy requirements anywhere else in a student's program of study where they may apply. The credits are counted only in one area.
- + Students may choose from HST 204 or 208.

♦ COMPETENCIES - TO BE COMPLETED WITHIN THE FIRST 30 CREDITS

♦ GENERAL EDUCATION CATEGORIES - TO BE COMPLETED WITHIN THE FIRST 30 CREDITS