

Name: _____
Student ID: _____
Date Admitted Into Major: _____

**BACHELOR OF SCIENCE
SPORT & MOVEMENT SCIENCE
EXERCISE SCIENCE CONCENTRATION-HONORS TRACK**

GENERAL EDUCATION REQUIREMENTS

Competencies

<input type="checkbox"/>	◆ Basic College Math
<input type="checkbox"/>	◆ Reading Comprehension

◆ General Education Categories (34-35 credits total)

◆FYS	First Year Seminar			3
◆W-I	Written Communication - Level I			3
◆OC	Oral Communication			3
PGR	Personal Growth & Responsibility			3
CEA	Creative Expression & Appreciation			3
WC	World Cultures			3
HP	The Human Past			3
CS	Contemporary Society			3
SR	Scientific Reasoning:	# Any SR course		3-4
		# SR Lab course		4
QR	Quantitative Reasoning			3

‡ Written Communication (Level II and Level III) and Diversity, Power Dynamics and Social Justice

W-II	Written Communication - Level II			<input type="checkbox"/>
W-III	Written Communication - Level III			<input type="checkbox"/>
DPDS	Diversity, Power Dynamics and Social Justice			<input type="checkbox"/>

Free Electives (20-23 credits)

May be necessary to take additional credits to attain the minimum 120 credits required for graduation depending on choices made for general education or minor selection.

Minor (Optional):

COURSES IN MAJOR (76 credits total)

Required in Major (48 credits)

SMS	174	Strength Cond Tech	1	
SMS	175	First Responder	3	
SMS	198	Intro to Ex Sci I	3	
SMS	202	Intro to Ex Sci II	3	
SMS	231	Intro to & Prev of Athl Inj	3	
SMS	250	Nutrition & Phys Perf	3	
SMS	281	Research Methods	3	
SMS	300	Kinesiology	3	
SMS	365	Ex Testing & Prescription	4	
SMS	351	Health Promo & Disease Prev	3	
SMS	352	Ex Physiology I	4	
SMS	355	Directed Field in Ex Sci	3	
SMS	452	Ex Physiology II	4	
SMS	477H	Research Practicum in ES I	4	
SMS	478H	Research Practicum in Es II	4	

Free electives in Major (3 credits)
(Choose from SMS 200; SMS 201; SMS 251; SMS 303)

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◆ Required support courses (25 credits)

BIO	105	Biological Systems	4	
CHE	117	Gen Org and Bio Chem	4	
CHE	130	General Chem I	4	
MAT	147	Statistics	3	
BHS	247	Stat. for Health Pro		
BIO	200	Anatomy & Physiology I	4	
BIO	201	Anatomy & Physiology II	4	
ATR	356	Strength & Conditioning	3	
IDS	600H	Honors Seminar I (Junior year)	1.5	
IDS	601H	Honors Seminar II (Senior year)	1.5	

◆ Students may choose to use support courses to satisfy general education categories, but may not be required to do so. **Note:** If a course is used to satisfy two or more requirements (for example, a support course and Scientific Reasoning requirement), the credits are counted in only one place. Using a course to satisfy more than one requirement does **not** reduce the credit total required for graduation.

Courses used to satisfy the general education requirements of the university must be taken from a minimum of six different academic disciplines. First Year Seminar and Level I Written Communications courses are exempt from this restriction. Courses may not be used to fulfill both major discipline and general education requirements.

These Scientific Reasoning General Education Category courses do not have to be a sequence or be from the same discipline.

‡ Level II, Level III Written Communications and Diversity, Power Dynamics and Social Justice Courses may be used to satisfy requirements anywhere else in a student's program of study where they may apply. The credits are counted only in one area.

◆ Students must be in the Commonwealth Honors Program to follow this honors concentration. Students are advised to review general education selections in accordance with Honors Program requirements.

◆ COMPETENCIES - TO BE COMPLETED WITHIN THE FIRST 30 CREDITS ◆ GENERAL EDUCATION CATEGORIES - TO BE COMPLETED WITHIN THE FIRST 30 CREDITS

Exceptions in the timing of courses will be made for transfer students

Total credits for graduation: 120

Effective: 9/2021