

Name: \_\_\_\_\_  
Student ID: \_\_\_\_\_  
Date Admitted Into Major: \_\_\_\_\_

**BACHELOR OF SCIENCE  
SPORT & MOVEMENT SCIENCE  
HEALTH EDUCATION TEACHER EDUCATION CONCENTRATION**  
(Health/Family and Consumer Sciences Pre-K-12 Teacher Licensure)

**GENERAL EDUCATION REQUIREMENTS**

**Competencies**

♦ Basic College Math

♦ Reading Comprehension

**♦General Education Categories (34-35 credits total)**

♦FYS	First Year Seminar			3
♦W-I	Written Communication - Level I			3
♦OC	Oral Communication			3
PGR	Personal Growth & Responsibility			3
CEA	Creative Expression & Appreciation			3
WC	World Cultures			3
HP	The Human Past			3
CS	Contemporary Society			3
SR	Scientific Reasoning:	# Any SR course		3-4
		# SR Lab course		4
QR	Quantitative Reasoning			3

**‡ Written Communication (Level II and Level III) and Diversity, Power Dynamics and Social Justice**

W-II	Written Communication - Level II			<input type="checkbox"/>
W-III	Written Communication - Level III			<input type="checkbox"/>
DPDS	Diversity, Power Dynamics and Social Justice			<input type="checkbox"/>

**Free Electives (8 Credits Minimum)**

May be necessary to take additional credits to attain the minimum 120 credits required for graduation depending on choices made for general education or minor selection.


**Minor (Optional):**


**COURSES IN MAJOR (28 credits total)**

SMS	171	Fund of Exercise & Conditioning	1	
SMS	175	First Responder	3	
SMS	177	Intro to Teaching PE & Health	3	
SMS	200	Perceptual Motor Development	3	
SMS	250	Nutrition for Ex and Perform	3	
SMS	260	Intro to Health Ed/ Health Promo	3	
SMS	261	Consumer Health	3	
SMS	351	Health Promotion & Disease Prevention	3	
SMS	361	Issues In Public and Com Health	3	
SMS	460	Methods & Material in Health Ed	3	

**▼ Required Support Courses (49 credits total)**

BIO	105	Biological Systems	4	
BIO	200	Anatomy & Physiology I	4	
BIO	201	Anatomy & Physiology II	4	
CHE	117	Clinical, Organic and Biological Chemistry	4	
EDC	115	Exploring Education	3	
EDC	404	Introduction to Teaching	3	
EDC	405	Culturally Responsive Teaching	3	
EDC	415	Teaching Students with Exceptional Learning Needs	3	
EDU	307E	Fund of Teaching ESL	3	
EDU	473B	Student Teaching Practicum Health/Family Consumer Sci.	12	
PSY	251	Child Growth OR	3	
PSY	252	Adolescent Psychology	3	
PSY	300	Health Psychology	3	

- ♥ Students may choose to use support courses to satisfy general education categories, but may not be required to do so. **Note:** If a course is used to satisfy two or more requirements (for example, a support course and Scientific Reasoning requirement), the credits are counted in only one place. Using a course to satisfy more than one requirement does **not** reduce the credit total required for graduation.
- ♣ Courses used to satisfy the general education requirements of the university must be taken from a minimum of six different academic disciplines. First Year Seminar and Level I Written Communications courses are exempt from this restriction. Courses may not be used to fulfill both major discipline and general education requirements.
- # These Scientific Reasoning General Education Category courses do not have to be a sequence or be from the same discipline.
- ‡ Level II, Level III Written Communications and Diversity, Power Dynamics and Social Justice Courses may be used to satisfy requirements anywhere else in a student's program of study where they may apply. The credits are counted only in one area.

♦ COMPETENCIES - TO BE COMPLETED WITHIN THE FIRST 30 CREDITS      ♦ GENERAL EDUCATION CATEGORIES - TO BE COMPLETED WITHIN THE FIRST 30 CREDITS

Exceptions in the timing of courses will be made for transfer students

**Total credits for graduation: 120**

**Effective: 9/2022**